



# ST. MARY OF THE VISITATION PARISH

16 Cooper Street,  
Cambridge (Hespeler), Ontario N3C 2N2

**Tel: 519-658-4443**

**Email: [stmarycambridge@hamiltondiocese.com](mailto:stmarycambridge@hamiltondiocese.com)**

**[www.stmaryhespeler.ca](http://www.stmaryhespeler.ca)**

Rev. Ed Henhoeffler, Pastor

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

## **SCHEDULE OF LORD'S DAY MASSES**

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.  
Mass for children in Kindergarten to Grade 2*

## **WEEKDAY MASSES**

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## **PRAYING THE ROSARY**

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

## **PARISH ADORATION CHAPEL**

Our Chapel is available seven days a week starting  
Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-  
658-9414.

## **OUR PARISH SCHOOLS**

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## **PARISH OFFICE HOURS**

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

## **NEW PARISHIONERS**

Please register through our parish website or by  
completing a form located at the parish entrances.

## **SACRAMENT OF RECONCILIATION**

Saturday 4:00 p.m. to 4:45 p.m. or  
by appointment.

## **SACRAMENT OF BAPTISM**

Please contact the parish office to begin the process  
of preparing your child and family for this  
Sacrament.

## **SACRAMENT OF MARRIAGE**

Please contact the parish office before setting a date  
of marriage in order to begin preparations.

## **PASTORAL CARE TO SICK AND HOMEBOUND**

Please contact the office and Father Ed and Deacon  
Michael would be most willing to visit.

## **ST. VINCENT DE PAUL FOOD PANTRY**

Please call 519-658-6511 for assistance.

## FOURTH SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, January 30	7:00 p.m.	+ Maria Rosa and Joe Afonso + Hannah Smith + Gayle Hozack	The Afonso Family Hannah Nash The Henderson Family
Wednesday, January 31	8:00 a.m.	+ John Pellegrini	Erin and Dave Henderson
Thursday, February 1	8:00 a.m.	+ Rosemary Hanley	St. Vincent de Paul Society
Friday, February 2	8:00 a.m.	+ Stan and Mary Burns	Larry and Joanne Burns
Saturday, February 3	8:30 a.m.	+ Souls in Purgatory	The Lopez Family
	5:00 p.m.	+ Bernadette DiCarlo + Maria Rosato + Lorraine Willemse	The DiCarlo Family The Natalizio Family Virginia Chiarot



### FEAST OF THE PRESENTATION

**OF THE LORD:** On February 2nd, 40 days after Christmas, we celebrate the Feast of the Presentation, which commemorates Mary and Joseph bringing Jesus to the Jerusalem Temple so as to

present him to the Lord. Acknowledging that Jesus is the Light of the Nations is one of the themes of this feast day and so it is customary to bless candles at Mass on this day. At the 8:00 am Mass on Friday, February 2nd, candles will be blessed and will be available for an offering of \$5. You can bring your own candles that day and they can also be blessed as part of the liturgy.

### COME AND EXPERIENCE THE BLESSINGS OF EUCHARISTIC ADORATION:

Have you ever visited our Chapel of Eucharistic Adoration? Do you know it is open 24 hours a day? We invite you to come and experience the peaceful presence of Jesus. This is a wonderful opportunity to start the New Year with a commitment to deepen your relationship with Jesus by spending time with Him in silent prayer and adoration. Jesus is waiting for you to return to this Sacrament of Love. Please consider becoming part of this devotion. Several hours are available. For more information, please call Frank or Sheila (519) 658-9414

### WORLD DAY FOR CONSECRATED LIFE – FEB. 2

The World Day for Consecrated Life was instituted by Pope John Paul II in 1997, a day of prayer for those women and men who have devoted their lives to God in consecrated life. This celebration is attached to the *Feast of the Presentation of the Lord* on February 2nd. Please pray for all those who have made commitments in the consecrated life. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

**THE CHOSEN:** You are invited to join us for morning Mass followed by Season 1 of *'The Chosen'* starting next **Saturday, February 3**. Mass will be celebrated at 8:30 a.m. and then we will gather in the parish center to watch an episode followed by discussion and fellowship. This is an 8-week session ending on March 23<sup>rd</sup>. *A great way to prepare for Easter.* All are welcome.



**SEASON OF LENT: Ash Wednesday** this year is on **February 14**. Mass with the distribution of ashes will be celebrated at 8:00 a.m. and 7:00 p.m. Our parish schools will have a liturgy of the Word with the distribution of ashes as well. We will pray the **Stations of the Cross** every Friday at 7:00 p.m., followed by ½ hour of adoration concluding with benediction. Lenten prayer materials will also be available for purchase at the main entrance of the Church.

**FIRST RECONCILIATION:** Parents who have registered their child for First Holy Communion are asked to sign up online for a Reconciliation time in February: <https://www.stmaryhospeler.ca/date-registration>



**JANUARY MEETING:** Members of the St. Vincent de Paul Society will meet on **Tuesday, January 30<sup>th</sup>** at 7:30 p.m. in the Parish Centre. *New members are welcome.*

**MONTHLY COLLECTION:** Members of the St. Vincent de Paul Society will be collecting donations after all Masses this weekend. Envelopes are available for those who would like a tax receipt.

### SEMINARY OFFERING – FEBRUARY 4, 2024

This special collection supports the educational needs of seminarians within the Hamilton Diocese. Your support is greatly appreciated.



**CATHOLIC WOMEN'S LEAGUE:** All ladies in the Parish are invited to come and bring a friend to our next CWL evening on **Tuesday, February 6th**. Rosary at

6:30pm, Mass at 7:00pm, Guest Speaker at 7:30pm. *Donna McKay*, our guest speaker, will join us and speak to us about Human Trafficking and its effect on our society. Please join us for this very informative evening.

**MILK BAG MATS:** Join us in making sleeping mats on **Wednesday, January 31<sup>st</sup> at 6:30 p.m.** in the Parish Centre. Volunteers are needed to help with the many steps of turning milk bags into sleeping mats. Teens are welcome!

**YOUNG ADULTS NIGHT:** Fr. Mark Morley invites all young adults (ages 20s and 30s) of our diocese to attend an evening of Adoration, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30pm-7:30 pm), social with food (7:30pm-8:00pm), praise night and vocations testimony (8:00pm-9:00pm), and Compline (9:00pm) on **Saturday, February 3<sup>rd</sup> at St. Michael Catholic Church, Waterloo**. Sponsored by the Vocations Office of the Diocese of Hamilton. For more information, please contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)

#### NEW ON FORMED: THE CATHOLIC PARENT

The Catholic Parent encourages moms and dads as they embrace their God-given role to form their kids in the Catholic faith. It features real parents telling real stories: Sunday Mass, praying as a family, Confession, sacrifice, generosity, and more. This lighthearted six-episode series is ideal for adult faith formation, small groups, or parents of kids preparing to receive a sacrament.

*New to FORMED?* Registration is FREE for parishioners. Go to [signup.formed.org](http://signup.formed.org) and type **St Mary of the Visitation Cambridge** to find and select our Parish. Provide your name and your email address and click "Sign Up". Enjoy!

#### PARISH OFFERINGS

**January 20/21, 2024**

Sunday Envelopes (128):	\$2,432.70
Loose Offerings	\$408.55

*Your continued financial support is greatly appreciated.*

**TAX RECEIPTS:** Annual tax receipts for the 2023 year are available for pick-up this weekend and next. Envelopes that are not picked up will be mailed by February 16, 2024.

#### MARDI GRAS MOMS' NIGHT OUT AT ST.

**CLEMENT'S PARISH:** Calling all moms of young families! Do you need a fun night out before the penitential season of Lent kicks in? Come to St. Clement Church, Cambridge on **February 13 at 7:00pm** to meet amazing Catholic moms where you'll laugh, eat some sweets, and casually gander at the different stations set up to give you ideas on how you and your family can observe Lent. There will be 30 take-home Lent kits available on a first come, first serve basis and a digital guide will be sent out as well. Please email Andrea Szejber, Family and Children's Ministry Coordinator, [andreaszejber@gmail.com](mailto:andreaszejber@gmail.com) with any questions.

#### NATIONAL CATHOLIC HEALTH CARE WEEK IN CANADA

is celebrated **February 4-10, 2024**. The St. Joseph's Health System in the Diocese of Hamilton is one of the largest Catholic health systems in the country. The system, which cares for thousands every day, is the legacy of the determination and hard work of the Sisters of Saint Joseph of Hamilton. Their compassion and dedication live on in the thousands who serve in the SJHS every day. Check out resources for the special week: <https://www.chac.ca/en/national-catholic-health-care-week/>

**MINI RETREAT:** All ladies are welcome to attend a special Retreat Presentation at St. Patrick's parish hall on **Tuesday, February 13<sup>th</sup> at 7pm**. We invite you to a presentation by *Mrs. Teresa Hartnett*, Director of the Diocesan Family Ministry Office, which will help you to learn to F.L.Y. – First Love Yourself! When we love ourselves, we are happier, healthier and stronger, which makes us a better person for all the other special loves in our lives! Join us and bring a friend!

#### THE ECUMENICAL WEEK OF GUIDED PRAYER AND SPIRITUAL EXPLORATION

will be held online from February 18 to 24. The Week of Guided Prayer and Spiritual Exploration is an opportunity to enrich your spiritual life and deepen your relationship with God. We hope you can join us. Information and registration online at [www.guidedprayer.ca](http://www.guidedprayer.ca) until Feb. 11.

**LIFT JESUS HIGHER RALLY: Saturday, March 2, 2024, 9 AM - 5:30 PM** at the Toronto Convention Centre (North Building). Adult Tickets \$ 30 / Youth Tickets \$ 15. The bus will be leaving from Guelph at 7 AM and returning at approximately 6:30 - 7 PM. Bus details concerning cost and departure location are incomplete at this time. For ticket and bus information call Tina 519-222-6283. For event details visit <https://www.ljhr.ca/>

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## Dumfries Memorials

670 Fountain St. N.  
beside Parklawn Cemetery

**519-650-0190**

### JOIN US

To learn more about your  
Parish Knights of Council #4916

Contact

GK George Harris  
**519-621-3665**

or

PGK Dan Schmalz  
**519-239-5003**



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